

## PE – Whole School Overview -Rolling Programme: 2025-26 (A) / 2026-27 (B)

(PE is delivered for 2hrs every week)

Year Group	Autumn		Spring		Summer	
	1.1	1.2	2.1	2.2	3.1	3.2
Nursery						
Reception	Fine Motor skills Fundamental  Dance - Seasons	Movement Skills 1  Dance - Toys	Gym - Rocking & Rolling  Gymnastics – Flight, bouncing, Jumping & Landing	Object Control 1  Locomotion 1	Net & Wall Game Skills 1  Striking & Fielding Game Skills 1	Personal Challenges  Athletics 1
Year 1/2 2025-26 (A)	Locomotion 2  Fundamental Movement Skills 2	Gymnastics - Wide, narrow & curled rolling & balancing  Gymnastics - Balancing & spinning on Points & Patches	Object Control 2  Dance - Animals	Personal Challenges  Target Games 2	Net & Wall Game Skills 2  Invasion Game Skills 1	Fundamental Movement Skills 3  Invasion Game Skills 1
Year 1/2 2026-27 (B)	Personal Challenges  Invasion Game Skills 2	Gymnastics - Spinning, turning & twisting  Gymnastics - Pathways: straight, zigzag & curving	Dance - Under the Sea  OAA	Gymnastics - Stretching, curling & arching  Invasion Game Skills 2	Net & Wall Game Skills 2  Striking & Field Game Skills 2	Athletics 2  OAA
Year 3/4 (2025-26) (A)	Football  Basketball	Health Related Fitness  Gymnastics - Partner work - Pushing and pulling	OAA  Netball	Dance – Romans  Dodgeball	Tri Golf  Cricket	Tennis  Athletics 4
Year 3/4 (2026-27) (B)	Basketball  OAA	Tag Rugby  Dance - Egyptians	Hockey  Gymnastics - Linking movements together	Dance - Dance Around the World  Football	Cricket  Health Related Fitness	Tennis  Athletics 3
Year 5	Hockey  Football	Dance - Dance through the ages  Health Related Fitness	Swimming	Swimming	Rounders  Tennis	Tag Rugby  Athletics 5
Year 6	Football  Tag Rugby	Dance - World War 2  OAA	Personal Challenges  Gymnastics - Group Sequencing	Handball  Cricket	Hockey  Athletics 6	Volleyball